



Denver Area Panhellenic

Newsletter - Spring 2019

President's Message

Welcome to the Denver Area Panhellenic Awards Luncheon. We are excited that you are here in this beautiful Colorado Mountain setting to honor the award nominees and winners! They are truly all amazing, inspiring and dedicated to serving our community and their alumnae chapters.

2018-19 has been an exciting year in DAP. I can't thank my Executive Board, Renee, Jennifer, Stacey and Maureen enough for your time and dedication to DAP. Starting with our summer retreat in July, you came with fresh ideas and enthusiasm that continued throughout the year. Committee chairs met for a planning meeting in August and their work was exceptional throughout the year. You made my job easy, thank you all. Council members you make it all work with your time on committees and supporting our work within your respective alumnae group. You came each month eager and willing to participate in all endeavors. I am very thankful for your dedication to DAP.

It was decided our goals for the year in DAP would be to build friendship and relationships in our group; increase our communications on our website and social media with all alumnae groups; and focus on women's issues. The Alumnae Education committee kept us informed of NPC monthly so our groups could share the information. I believe we have accomplished our goals and more.

It has truly been an honor for me to serve as the President of DAP. Thank you to my AOII sisters for your support and love in this position. I have treasured these past years of friendship and learning. Sorority women inspire and dedicate themselves to causes that do impact others. I am confident this will continue and I can't wait to see what DAP will accomplish in the years ahead.

Diane Herrmann, Alpha Omicron Pi
2018-19 President Denver Area Panhellenic



Thank you

D I A N E
H E R R M A N N



We are grateful for your
service to the Denver Area
Panhellenic, vision,
leadership and Sisterhood!

The Executive Board



Denver Area Panhellenic Annual Awards Luncheon
Saturday, April 27, 2019 at Mount Vernon Canyon Club

Welcome and Panhellenic Creed: Cher Serhal, Alpha Omicron Pi, Luncheon Committee Chair

WE, AS FRATERNITY WOMEN, stand for service through the development of character inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.

Invocation: Clara Tomsula, Alpha Omicron Pi, Past DAP President

Introductions and President's Remarks: Diane Herrmann, Alpha Omicron Pi, DAP President

Special Guest Speaker: Carole Jones, Alpha Omicron Pi, NPC Chairman

Presentation of Collegiate Scholarship Awards: Heidi Wilderman, Delta Gamma, Collegiate Scholarship Chair

Scholarships Awarded to:

Chelsea Collins, Sigma Sigma Sigma, \$2,500

Remy Wells, Delta Gamma, \$2,500

Presentation of Alumnae Awards: Renee Verspoor, Alpha Phi, Alumnae Awards Chair

Alumnae Achievement Award Nominees

Tamra Ryan, Alpha Chi Omega

Karen Olsen, Kappa Alpha Theta

Barbara Gottelman, Kappa Kappa Gamma

Christian Feagans, Sigma Kappa

Erica Ingalls, Sigma Sigma Sigma

Robin Volden, Zeta Tau Alpha

Woman of the Year Nominees

Katy Brown, Alpha Chi Omega

Cher Serhal, Alpha Omicron Pi

Susan Hunter, Chi Omega

Melissa Still, Delta Delta Delta

Mary Ellen Fitzsimonds, Kappa Alpha Theta

Barbara Gottelman, Kappa Kappa Gamma

Lindsey Medenwaldt, Sigma Kappa

Michelle Hektor, Sigma Sigma Sigma

Spirit Award Presentation

Incoming President's Remarks: Jennifer Mores, Alpha Gamma Delta, DAP Vice President

Announcements and Closing: Cher Serhal, Alpha Omicron Pi, Luncheon Committee Chair

Thank you to the following individuals for making today's luncheon and awards presentation possible:

Awards Luncheon Committee

Cher Serhal, Alpha Omicron Pi

Enid Wood Alpha Omicron Pi

Kali Tate, Alpha Omicron Pi

Deirdre Nalven, Alpha Phi

Natalie Boldt, Alpha Phi

Holley McManus, Alpha Gamma Delta

Collegiate Awards Committee

Heidi Wilderman, Delta Gamma

Kathy Iimgarten, Alpha Chi Omega

Charminique Jackson, Alpha Delta Pi

Leah Russell, Alpha Delta Pi

Katie Rainville, Kappa Delta

Alumnae Awards Committee

Renee Verspoor, Alpha Phi

Haydan Smith, Delta Zeta

Jenny Hock, Kappa Alpha Theta

Martha Doughtie, Kappa Alpha Theta

Bonnie Johnson, Zeta Tau Alpha



Collegiate Awards



Chelsea Collins, Sigma Sigma Sigma, Johns Hopkins University

Chelsea Collins is a member of Sigma Sigma Sigma and was initiated at Idaho State University where she was highly involved with her chapter and the greek community. She served as Panhellenic President, sat on Greek Council, and won Woman of the year. In her sorority she was an active member holding multiple Vice President positions. She did all of this while maintaining her academic pursuits. Chelsea Graduated in 2008 with a Bachelors in Anthropology but she knew that she was far from being done with school.

Chelsea began her courses to pursue a career in Nursing in 2015. She graduated from Boise State University with her Bachelors in Nursing where she achieved highest honors and deans list multiple semesters. Chelsea moved to Denver where her dedication to nursing and Tri-Sigma have never waived. She has served as a National Vice President with Tri Sigma and an advisor to the local Tri Sigma Collegiate Chapter, providing education around safe practice/consumption of alcohol, and serves as one of the alumnae delegates to Denver Area Panhellenic. When Chelsea isn't busy with her volunteerism you can find her working in the Emergency Department and Intensive Care Unit at Denver Health. She is also a Forensic Nurse Examiner or Sexual Assault Nurse Examiner. All of this experience has led Chelsea to discover her true calling.

Chelsea is currently enrolled in a Doctorate of Nursing Program at Johns Hopkins University (JHU) in Baltimore pursuing additional education in Adult Gerontological Critical Care. Chelsea is involved as Vice President of Graduate Students at JHU and is appointed to the National Committee for the Emergency Nurses Association. She does all of this in addition to her full time job and sorority commitments! Congrats to Chelsea!

Remy Wells, Delta Gamma, Colorado College

Remy Wells is a member of Delta Gamma at Colorado College. Remy is a Junior pursuing a degree in Economics and Business. She is currently serving as President of Panhellenic and is the Director of New Members. Remy has served her collegiate chapter in many different leadership roles since her initiation. Remy not only serves her fraternity and the greek community in whole, but she is a Resident Advisor and participates on the Varsity Women's Lacrosse team all while holding two jobs, volunteering in her community and within the DG philanthropy of Service for Sight, and maintaining an A level GPA. Remy is an example of "Doing Good" in her campus community. Congrats to Remy!



Alumnae Awards

Alumnae Achievement



Barb Goettleman, Kappa Kappa Gamma

Barb Goettleman graduated from Syracuse University with a degree in journalism, and continued her education at Colorado State University where she earned her Early Education Director Certification. Beginning her career in broadcasting, she shifted into various Educator roles such as Pre-K and Kindergarten teacher.

Barb has been an active leader in her community. She is currently CEO/President of Assistance League Denver, Inc., Daughters of the American Revolution (Colorado Chapter) corresponding secretary, PEO International (Chapter DJ of Denver) Vice President, National League Charity, Inc. National District Coordinator, Volunteers of America Colorado Chapter Board of Directors, and member of several more organizations. In each of the organizations she currently serves, she has been a long-time volunteer holding positions of responsibility.

By her chapter, Barb is described as “the living example of civic and sorority leadership at its best as she constantly seeks ways to do good in Denver, for Kappa Kappa Gamma Fraternity and for our National Panhellenic Conference as a whole.”

Christian Feagans, Sigma Kappa

After Christian Feagans graduated from Colorado School of Mines with a degree in Geophysical Engineering, she worked one year as a national Leadership Consultant for Sigma Kappa to help re-establish Zeta Sigma Chapter at University of Alabama Birmingham. Christian then moved back to Colorado to begin her career at Parsons as an Associate Scientist, where she works on military munitions response site projects to process electromagnetic data.

However, Christian’s commitment and work ethic do not stop at Parsons. Christian currently serves Sigma Kappa as the Rocky Mountain Chapter President and as the Programming Coordinator for District 4, a nationally appointed position with the sorority. Christian also volunteers for Camp Wapiyapi, a no cost summer camp for children with pediatric cancer. Since 2013, Christian has volunteered at 9 week long summer camps and served on the planning committee for the past 3 years. These combined experiences have lead Christian to be awarded Parsons Volunteer of the Award, a true testament to her caring and motivated personality.



Erica Ingalls, Sigma Sigma Sigma

Erica Ingalls graduated from Metropolitan State University of Denver with a Bachelor of Science in business management and a certificate in basic competency in Spanish before going on to complete her Masters of Arts in Higher Education and Administrative Leadership from Adams State University.

As you can see from her educational background, Erica has a strong commitment and passion for student achievement and success. In less than 5 years, Erica has worked her way from Academic Advisor to becoming the Director of Advising & Retention Services for Front Range Community College. While working diligently in this role, Erica has also managed to present at the Colorado/Wyoming Advising Association, serve as a member of the National Academic Advising Association and as a delegate at the Student Affairs Administrators in Higher Education.



Erica also volunteers for the Elks organization, helping to coordinate Westminster Clean-Up Days and Blood drives as well as the Denver Area Alumnae Tri Sigma, serving as their Vice-President and now President.

Karen Emory Olsen, Kappa Alpha Theta

Karen Olson attended Colorado State University where she became a member of Kappa Alpha Theta. Soon after graduation, Karen joined the Denver Alumnae Chapter. In 2001 Karen answered the call to help form a Northwest Denver/Boulder alumnae group, the Flatirons Alumnae Chapter, where she served two years as its founding president. Throughout the years Karen has held various offices with the Denver Alumnae Chapter- most recently serving as its president in 2018.



Karen and her husband helped launch a new church in the Arvada area, Foothills Community Church. They served in many capacities: music ministry, youth leaders, and operational staff. In 1993 Karen led a worship team in Ghana, West Africa- the first of many mission trips to come. After a 2005 trip to Kenya, Karen helped establish a 501c3 organization, Every Life Inc., and currently serves as Executive Board President.

Karen has also managed a career in banking and has won countless awards for fostering volunteer efforts at US Bank and Bank of America. The Denver Alumnae Chapter of Kappa Alpha Theta chose Karen as its 2013 Woman of the Year for her generous spirit and for making a difference in her local and global communities. In her spare time, Karen enjoys time with friends, attending shows and concerts, and traveling the world with her husband, Paul.



Robin Volden, Zeta Tau Alpha

Robin Volden has been a dedicated Zeta Tau Alpha sister by serving in her local Alumnae Chapter for more than 19 years in almost every Officer and Committee Chair position available. She has won the local award, Alpie, two times, and has also been acknowledged on the National level with the Certificate of Merit in 2001. As Fundraising Chair, she established and supported continual funding a \$2,000 annual scholarship for the Kappa Alpha Chapter at Colorado State University.

Within her Community, she has been a long-time Officer and supporter of the Michigan State Alumni Club, Parent Teacher Community Organization, Susan G Komen Race for the Cure, and Cub Scout/Boy Scouts.

Zeta Tau Alpha's national philanthropy is breast cancer education. Robin elevated this mission by facilitating an active Survivor's Tent at The race for the Cure. With her influence, the tent became a vibrant space for special recognition and gifts for Survivors, making them both welcomed and celebrated.



Tamra Ryan, Alpha Chi Omega

Tamra Ryan received her bachelor degree from University of Colorado Boulder before advancing her studies at Adelphi University, where she received a Master of Arts and Sciences after presenting her thesis at a refereed science conference that was covered by the national press.

If you think Tamra looks familiar, you probably heard her speak at last year's DAP Leadership Summit! Tamra is currently the CEO for the Women's Bean Project, a transitional employment social enterprise that produces gourmet food products for national distribution to support the mission of teaching chronically unemployed women the skills needed to get and keep a job. Since taking on the role of CEO, Tamra has increased Women's Bean Project's Revenue by 200%, built the brand from being locally known to a nationally recognized brand and partnered with other nationally known retailers such as Amazon and Kroger. Tamra has also used her experience about the Women's Bean Project to author the award winning book *Third Law*, which highlights the societal obstacles and internal demons marginalized women must overcome to change their lives.



Woman of the Year

Katy Brown, Alpha Chi Omega

Since graduating from MIT, Katy has been actively representing Alpha Chi Omega both nationally and locally. She served on the Fraternity and Sorority Political Action Committee since its inception for 10 years and was responsible for donor cultivation, policy development, and advocacy.

Nationally, Katy was Vice-President for four years, as well as a Trustee of the Alpha Chi Omega Foundation, chairing several committees. She received the National Honor of Outstanding Young Alumna in 1997. She has been equally involved in her Community by serving as Mayor Pro Tem of Cherry Hills Village, Board member of Denver Regional Council of Governments, a council member on Cherry Hills Village City Council, on various committees including Colorado Municipal League Policy Committee and the Arapahoe County Citizens Budget Committee. In 2016, she ran for Colorado State Representative.

In her spare time, outside of motherhood and founding her own business, Visionary Consulting, she has maintained an active role in the MIT Club of Colorado, volunteering in leadership positions such as President, Treasurer, VP of Events, and VP of Student Relations. She is also on the Board of Advisors for ACE Scholarships and responsible for raising funds for low-income families to provide educational opportunities for children.



Cher Kurek Serhal, Alpha Omicron Pi



Cher Kurek Serhal earned an MBA in Marketing and BS in Business Administration from Loyola Marymount University. She is an Independent distributor, past public relations and marketing coordinator, senior marketing analyst, and account executive/media planner.

She has served as the Alumnae Chapter President for two chapters, both Denver and South Bay-Palos Verdes. On the National level, she is serving as Network Specialist-Alumnae. She is also serving the Denver Area Panhellenic as a delegate.

Cher has been recognized for her achievements by winning the Denver Alumnae Chapter Sisterhood Award, Rose Award, and South Bay/Palos Verdes Alumnae Chapter VIP Award.

Her Sisters describe her as a problem-solver who leads by example. She was able to analyze chapter spending and solution ways to reduce costs, while enhancing service to local chapters, and sending a delegate to International Convention. She also spearheaded creation of a website for the chapter, allowing better communication and expanded recognition of the chapter. Implementation of her ideas revolutionized the functioning of the Denver chapter.



Barb Goettleman, Kappa Kappa Gamma

Kappa Kappa Gamma's Barb Goettleman graduated from Syracuse University with a BS in broadcast journalism. She is service oriented and has demonstrated this through both her career and volunteer work within her community.

She has served Kappa Kappa Gamma on the local, regional, and national levels. She served Denver Alumnae Association as President and DAP delegate, several Collegiate Advisor positions, and held various District Director, chairman, and committee member positions with her National Fraternity.

Within her community, she is a tireless volunteer who currently holds positions such as CEO/President, Vice President, Secretary, National District Coordinator, and Board of Directors for various groups. She maintains a high level of engagement in numerous organizations.

Barb Goettelman is described as the "outstanding example of sorority leadership at its best as she constantly seeks ways to inspire our collegiate and alumnae women to grow in the honorable tenets of our NPC organizations – sisterhood, academic excellence, living our ritual by modeling positive ethical principles."



Melissa Still, Delta Delta Delta



Melissa Still, Delta Delta Delta's Woman of the Year nominee, exemplifies dedication and commitment to sorority life at both collegiate and national levels as well as in her professional career. She served as CSU's Panhellenic president, was named Greek Woman of the Year, and spent two years as an Organizational Development Consultant for Tri-Delt. She has two degrees from Colorado State University: a B.S. in Design and Merchandising, Apparel Design production, and a B.A. in Communication Studies, followed by a Master of Business

Administration degree from the University of Denver. She has put these degrees to work in product line management organizational development for clothing manufacturers in Colorado while simultaneously participating in numerous community and church activities, mentoring as a collegiate chapter advisor, and holding board positions in alumnae chapters, as well as serving as a national Panhellenic officer, regional officer, and Panhellenic specialist for nearly 30 collegian councils in south-central United States, advising on leadership development, budget issues, and risk prevention. She is currently working as a Business Strategist and Product Manager for Charles Schwab in Lone Tree.



Lindsey Medenwaldt, Sigma Kappa



Lindsey Medenwaldt is currently Sigma Kappa's National Director of Service, and an active member of her alumnae chapter. Her undergraduate degree is from Midwestern University in Wichita Falls, Texas, which was followed by a graduate degree from St. Mary's School of Law in San Antonio, Texas and she will soon have another degree from the Denver Seminary. Her passion is for service and philanthropy and much of her time and thought is geared toward these characteristics, in her sorority activities as well as community outreach. She has served as Sigma Kappa's national Director of Service for four years, developing several national initiatives, and has served the local alumnae chapter as Vice President of Philanthropic Service as well as Vice President of Communication. She is a community advisor for the Denver Seminary, has been a pro bono attorney for Mercy's Gate, volunteers at her daughter's elementary school, and teaches Sunday School. All this while balancing a full-time workload at graduate school, a part-time job, a husband and three daughters. The alumnae chapter president says that Lindsey "just doesn't talk the talk, but she walks the walk." She inspires others and "lives the values of our sorority (friendship, loyalty, service, and personal growth) in all areas of her life."

Michelle Hektor, Sigma Sigma Sigma

Michelle Hektor is Tri-Sigma's nominee for Woman of the Year and a true representative of Panhellenic. She graduated from Shepherd University in Shepherdstown, West Virginia with a degree in communications/journalism. She also has Arcadis project management certification and is a Goucher College Certified Meeting Planner. She has been called someone with "high energy, resolved to exceed expectations, highly organized with a can-do spirit that is inspirational to friends and colleagues." She is a senior manager of development for American Water Works Association, re-launching association philanthropy to 52,000 members. She was executive director of the Alpha Phi Foundation and Major Gift Officer for the Tri Sigma Foundation, facilitating endowment funds for Child Play Therapy in cooperation with Denver's Children's Hospital. She was Tri-Sigma's Denver Alumnae Chapter president for several years, increasing membership by 10%, and now is a financial and chapter advisor for the Tri-Sigma sorority at Metropolitan State University of Denver.



Mary Ellen Fitzsimonds, Kappa Alpha Theta

Mary Ellen Kutsenda Fitzsimonds is a graduate of Drake University where she became a member of Kappa Alpha Theta and received a B.S. in Pharmacy. As a licensed pharmacist, Mary Ellen worked in Chicago at Rush Presbyterian St. Luke's Medical Center, Children's Memorial Hospital and Fujisawa Healthcare.



Mary Ellen is a dedicated volunteer in her community. She has been a Girl Scout leader for 13 years, and a Gold Award mentor for high school aged Girl Scouts and served on the Chicago Girl Scout Council of 100. She has also been a Boy Scout troop committee member and merit badge counselor. Involved in her children's schooling, Mary Ellen has served in the PTA and community organizations.

Mary Ellen has been actively involved in Theta since graduation. She was president of the Chicago North Shore Alumnae Chapter. She has served the international Fraternity as Alumnae District Officer, Alumnae District President, 3rd Alternate NPC Delegate, Panhellenic Resource Officer, and Fraternity Vice President Alumnae, Kappa Alpha Theta Foundation Trustee, Theta Foundation Vice President and is the immediate past President of Theta Foundation. She is currently a member of the Denver Alumnae Chapter and serves as their Theta Foundation Liaison.

Mary Ellen resides in Larkspur with her husband of 31 years, Steve and their Boxer puppy, RJ. She and Steve have two children and four grandchildren, with one more on the way. Mary Ellen's hobbies include hiking, skiing and cheering for the Chicago Cubs!

Susan Hunter, Chi Omega

Susan Hunter is Chi Omega's nominee for Woman of the Year. Initiated at University of Virginia, where she earned a B.A., she began a long tradition of service to Chi Omega and Panhellenic. She has actively served the Boulder Area Alumnae Panhellenic since 2008, spearheading the Annual Yard Sale fundraiser and Santa's House event, earning their Woman of the Year award in 2014. Her efforts enable about \$7,000 per year to be used towards scholarships and programs for collegiate women.



Professionally, Susan is a Business Development and Origination Manager at Tri-State Generation and Transmission Association, Inc. She has well-rounded utility industry experience; experienced in project, process, and employee management. She earned the Denver Business Journal's Top 40 Women in energy award in 2015.

Susan Hunter is described as "the poster child for what is right about the sorority experience. She is steadfast in her devotion to the sorority experience and has proven to be a leader."



Alumnae Chapter News

Alpha Chi Omega

Recently we were asked: How does your sorority honor its members? To answer: There are a number of ways that our sisterhood honors and acknowledges our members. Before answering the question in full though, it is important to note who Alpha Chi Omega is and what we represent.

Alpha Chi Omega members are Real. Strong. Women. I am sure many of our affiliated sisters know our marketing tagline, but what does that even mean?

It begins with a promise from Alpha Chi Omega to empower each member to become the best version of herself. Our sorority experience then delivers on this promise by providing an environment where members are prompted to wrestle with the issues, challenges, and questions they must resolve in order to grow and develop into a real, strong, woman.

For so many of our members - both collegiate and alumnae - Alpha Chi Omega has delivered on that promise. We see that when we gather together at meetings; watch our sisters on television and/or news headlines, speaking at special engagements or in the homes of another.

To honor these women, Alpha Chi Omega awards them as often as possible. These awards are nominated by fellow sisters in our bond and announced at major events like our biennial Convention.

Additionally, our sorority, recognizes our members online (mainly on

alphachiomega.org), feature each other in our quarterly magazine, send out special announcement mailers with news of our sisters accomplishments, invite our 10-year, 25-year, 50-year (and etc.) members to special pinning ceremonies at local alumnae chapter events and major sorority events and conferences. We recognize our advisors, volunteers, and collegiates that have contributed to our sorority at our leadership or recruitment training weekends, too.

Finally, we like to give social media shout outs to any of our sisters that have reached personal milestones for themselves and/or our sisterhood.

To conclude, we strongly value the work and strides that our sisters have positively made in the world around us. It should be known that Alpha Chi Omega wants us all to be the very best versions of ourselves and when that happens we honor each other in every way we can, at every opportunity we can!

Speaking of – we would like to celebrate our DAP Woman of the Year Award Nominee and Alumnae Achievement Award Nominee: Katy Brown and Tamra M. Ryan (respectively) with a huge “Congratulations for the Nomination!” Being nominated for either DAP award is a true testament for all that you have accomplished and also that you have certainly been the best versions of yourself. We thank you for all the work you have done to represent us and to be a REAL. STRONG. WOMAN. Good luck, ladies!

Kappa Alpha Theta

Kappa Alpha Theta has a long tradition of recognizing special members of collegiate and alumnae chapters. Denver's local alumnae chapter annually recognizes one member as Woman of the Year and another as Inspirational Theta. Criteria for Woman of the Year include participation in both collegiate and alumnae activities of Kappa Alpha Theta as well as achievements in career, church or philanthropic work. She is introduced at the Founders' Day celebration and given a special and unique Theta badge to wear for the year as well a commemorative necklace to keep. For the Inspirational Theta recognition, members are asked to nominate someone who

embodies what it means to be a Theta, who volunteers within the organization and inspires others to participate actively too. Sometimes as in many sororities, these inspirational members reach out quietly to a sister who needs encouragement or sympathy or practical help when needed. We also have a special committee called Bettie's Buddies, named after one of Theta's four founders, who visit our more senior sisters who are unable to attend programs or events. Thetas who have reached the 50th or 75th year anniversaries of their initiation are recognized at Founders' Day with flowers and in the programs on each table with brief biographies or their written memories and appreciation of membership.





TRI DELTA

The Denver Alumnae Chapter of
Delta Delta Delta
congratulates our

2019 Woman of the Year Nominee
Melissa Still

and thanks her for her on-going service to
Tri Delta, Local, and National Panhellenic

“Kind alike to all”

Alpha Xi Delta

Alpha Xi Delta celebrated the 125th Anniversary of the fraternity in 2018. Throughout the year sisters came together to celebrate our founding and share personal and group stories. We honored our founders who shared a vision and the need for women at Lombard College to have an organization that could provide female students with friendship, support and a positive collegiate experience.

Alpha Xi Delta recognizes sisters celebrating milestone years of membership. This year our National Council welcomes 445 sisters initiated in 1944 into the Order of the Diamond (75 years), 1238 sisters initiated in 1959 into the Order of the Pearl (60 years), and 2341 sisters initiated in 1969 into the Order of the Rose.

Each sister is sent a personalized 5 X 7 certificate to commemorate this special occasion. There are many other national awards presented to collegiate chapters, alumnae associations and individual sisters at National Convention for service, philanthropy, achievement, membership and leadership.

On a local level, sisters celebrating milestone years are honored at our Founders' Day luncheon. Each honored sister chooses a sponsor who shares a short biography of the sister's Greek and non-Greek life story. Alpha Xi Delta has lovely gold charms to symbolize the milestones.

The Denver Alumnae Chapter presents two awards yearly to chapter sisters. The President's award honors a current board member who has provided outstanding assistance and support to the President. The Ruth M. Callen award is presented by the current board to a chapter member who has given extra effort and support to the chapter sisters and activities.

**Phi Mu is happy to welcome
our newest collegiate sisters**

**Xi Alpha Chapter
University of Colorado Boulder
Installed 12.08.18**

**Xi Beta Chapter
Colorado State University
Installed 12.09.18**



Chi Omega

Chi Omega will celebrate its 125th birthday on April 5th, 2020. In honor of this milestone National Chi Omega has been highlighting the various collegiate chapters and honoring sisters who have achieved the 75 year membership milestone. Alumnae sisters in groups of 4 or 5 take a carnation bouquet, 75 year pin and surprise the sister in person at her place of residence and spend an hour or so reminiscing about special Chi Omega memories. Denver Alumnae of Chi Omega honor it's 50 year sisters at our Founders' Day Banquet, Eleusinian, on April 6th. This year our Eleusinian will be held at the Denver Chop House. This is a wonderful time to socialize, reminisce and honor our sisters. Our 50 year members will be honored with a special ceremony, 50 year pin and a carnation. There will be tears of joy as we sing songs and discuss some of our favorite memories. In years past we have invited our collegiate members to attend with representatives from the CU, CSU, DU and University of Wyoming attending. Our Founders' Day is always a day to celebrate, renew sisterhood friendships and honor our founders.

Sigma Kappa

The women of Sigma Kappa are proud of all their members, but there are always those who shine brighter. As a collegian, members who have made significant contributions to their college, field of study, or volunteer activities are highlighted in our magazine, *The Triangle*. Collegiate chapters are also eligible to win awards for excellence in various avenues; high performance in scholarship, exceptional recruitment, outstanding reporting, and Panhellenic contributions, to name just a few.

Alumnae are recognized in a different manner; as adults, our accomplishments often reflect success in our chosen professions. "Significant Sigma Kappas" are highlighted on our website. These women have excelled in their fields,

advanced scholarly interests, or made the world a better place. They are sources of inspiration, and we are very proud of these sisters.

Another recognition program is the "35 under 35" award. This program highlights members who embody the values of our organization. They exemplify bravery, strength, intelligence, compassion and understanding, creating an impact in careers or volunteerism.

Our Rocky Mountain Alumnae Group would like to see more women praised and recognized for the wonderful things they do every day. Too often women are reticent to call attention to themselves and their accomplishments; we are asking our sisters to "tell on each other" so that we can feature these ladies in our newsletters and let everyone know how special they are.



*Congratulations to our
nominee for
DAP Woman of the Year
and
DAP Alumnae Achievement
Award*

BARBARA ADAMS GOETTELMAN,
Syracuse

*Kappa is so very proud of you and
all you do for our Denver community
and Kappa!*



commitment to collegiate member needs by announcing their Mental Health initiative and their partnership with Human Power Project. In April 2019, Tri Delta

Delta Delta Delta

Delta Delta Delta was founded at Boston University in 1888 by seniors Sarah Ida Shaw and Eleanor Dorcas Pond. They saw a need for a different organization that would "be kind alike to all and think more of the girl's inner self and character than of her personal appearance." These two women not only established the organization, but they created a timeless vision that has taken shape into the dynamic organization we know today. Today, we see their vision come to life in the membership, as we live, learn and lead with Purpose.

Tri Delta celebrates its members through a variety of collegian and alumna awards that celebrate the contributions of the chapter and individual alike. Beyond recognizing members for their gifts of time and talent to Tri Delta and National Panhellenic, Tri Delta bestows the Women of Achievement Award, created to recognize Tri Deltas who have demonstrated achievement and leadership in their volunteer, philanthropic, civic or professional pursuits. The award winners are celebrated at the Tri Delta biennial convention and are asked to speak about their story. At the 2018 Convention, Tri Delta celebrated several women, including a retired Vice Admiral in the United States Navy, a Queen Elizabeth II Diamond Jubilee award winner, a non-profit co-founder, and a New York Times bestselling author/journalist. The women of Achievement Award shows Tri Delta's commitment to our members' growth and development into well-rounded, successful women.

The commitment of the growth and development of Tri Delta's members can be seen through three exciting accomplishments in the past few years. In 2014, Tri Delta received the St. Jude Partner of the Year Award and announced the largest single pledge in St. Jude's history, receiving prominent recognition on the hospital's campus at Tri Delta Place, a short-term housing facility. In March 2019, Tri Delta announced their

hosted their second annual LEADDD conference, a one-day leadership and professional development conference created by women, for women. These exciting awards and programs show Tri Delta's commitment to developing a stronger and more womanly character in their members and broadening their moral and intellectual life, through a collegiate experience and beyond.

The Denver Area Tri Delta Chapter has a long history of outstanding contributions to Tri Delta internationally and within the Denver community.

This past year, the Denver Area Tri Delta chapter was highlighted in Tri Delta's national publication, the *Trident*, for our 46 years of fundraising and support of Children's Hospital Colorado and leading the initiative to recognize children's cancer as Tri Delta's national philanthropy. To date, Denver alumnae have created an endowment over \$2 million, and earnings are used by Children's Hospital Colorado Center for Cancer and Blood Disorders for many clinical programs, research, treatment and a patient/family support fund.

For more than 125 years, Tri Delta has stood as an organization focused on lifelong sisterhood and leadership. The power of lifelong membership is commemorated with a ritual and pin at different membership milestones: Silver Circle for 25 years, Gold Circle for 50 years, and Diamond Circle to celebrate 75 years of membership within Delta Delta Delta. The Denver Tri Delta Alumnae Chapter is deeply committed to encouraging and supporting our members through all stages of life, and we are proud of the initiatives, leadership opportunities, and recognition afforded to collegiate and alumnae members.

Delta Gamma

Delta Gamma is celebrating 109 years as an alumnae group in the Denver Metro area, and we are excited for our continued strength within the community. The question we were asked to discuss this year is how does your sorority/fraternity honor their alumnae? We honor local alumnae every year at our Founders' Day luncheon. Most of our honors are nationally recognized accomplishments and or awards. Per our fraternity constitution DG celebrates our milestone anniversary members every year at our Founders' Day luncheon. We honor those members that have reached the outstanding milestone of being a 25, 50, 60, and 75 year members. Delta Gamma embraces our long-time members as they provide the wonderful heritage and foundation on which we build our future.

Not only do we annually celebrate our anniversary members but we also celebrate those who have been outstanding contributors to our local and national fraternity alumnae. The two awards that we often give at Founders' Day are the Stellar and Cable Awards. The Stellar Award is a local award for members where we recognize that the winner is "Doing great!" This is our chapter recognizing achievements in career or community that may not qualify the person for the national award of the Oxford or Shield. This award is for a special service to Delta Gamma for a single event or office that is important but may lack the continuing quality required for a Cable or Anchor Award. We have awarded this to alumna who have helped with major events, helped with the collegiate chapter serving as an advisor, or helped in a hard to find area.

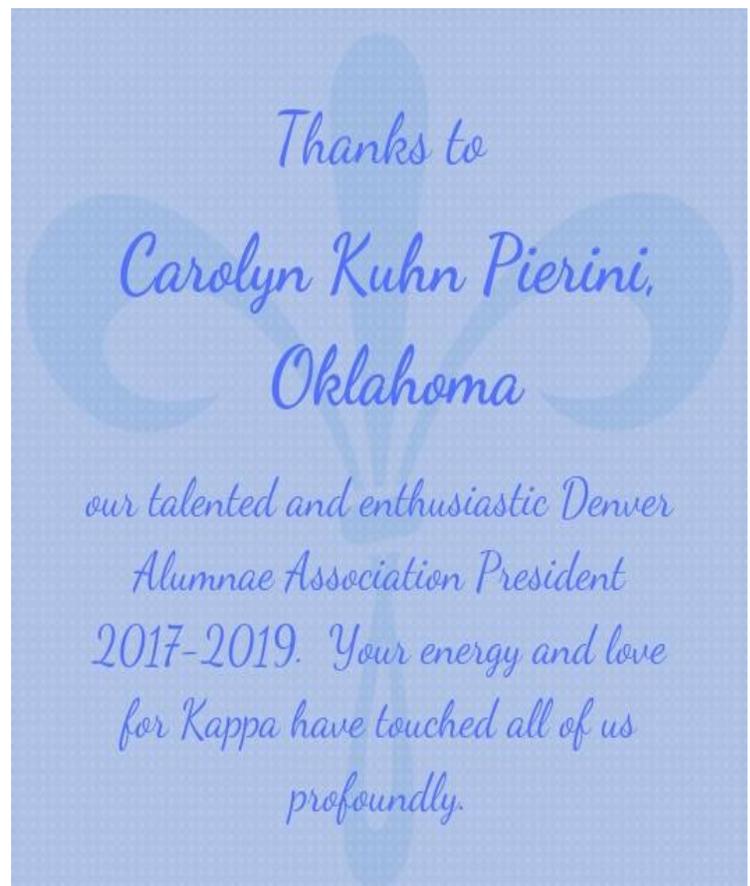
National Awards that can be awarded at Founders' Day are the following:

- Cable Award is for alumnae that has contributed to the Fraternity and demonstrates unusual loyalty and devotion far beyond normal participation. The awardee is nominated through their alumnae group to national for a final determination and award.
- Oxford Award is for the alumnae who exemplifies the dedication to service in her community through volunteer and/or professional activities. This

alumnae uses her talents to improve the quality of life around her.

- Shield Award is for the alumna who has achieved unique and noteworthy distinctions through leadership in her area of expertise. This achievement goes far beyond the range of services recognized in the Oxford Award.
- Loyalty Award is an extraordinary honor for the alumnae that demonstrates a lifetime of devotion to the fraternity at the international, regional, or local level. Her achievements advance the Delta Gamma Philosophy.

There are additional Awards that honor the members that go above and beyond the awards mentioned here, however those awards are given at the highest levels and recognized at national convention. Denver has many outstanding women that are recipients of the above mentioned awards.



Gamma Phi Beta

November 11, 2018 Gamma Phi Beta celebrated 144 years of sisterhood at Founders' Day held at Baldoria on the Water. Fifty and 75 year members were recognized. The Louise Steinbruner Award was presented. This local award was created in 1994 in honor a long time Denver Alumnae Chapter member who exemplified the core values of our sorority. The IIKE Award was also presented honoring a member who has demonstrated outstanding loyalty and commitment to the sisterhood.

The Denver Alumnae Chapter and Executive Board were recognized at the International Convention in July with The Diamond Circle of Excellence and Founders' Circle of Excellence Awards. The Diamond Circle of Excellence is the highest level of excellence and is based on demonstrating the core values of the sorority. Because the Chapter has received Diamond Excellence for five consecutive years, we were awarded the Founders' Circle of Excellence. These awards highlight the outstanding leadership of the Executive Board and the participation of Denver Alumnae Chapter members in support of collegiate and alumnae members and philanthropic involvement.



Phi Mu

One of the lines in *The Creed of Phi Mu* reads, "Striving to esteem the inner man above culture, wealth or pedigree." Many of our sisters give of themselves, not to be recognized, yet for the self-satisfaction of helping a fellow Phi Mu or a cause dear to themselves. Like our Panhellenic sisters, Phi Mu honors these sisters for their personal achievements and devotion to our Fraternity.

National Convention is a time when sisters can honor sisters, by purchasing and giving Caring Carnations to wear on their nametags. Through this simple recognition, many nametags turn into gardens of pink carnations. Phi Mu also presents three alumnae awards of distinction for profession, community, and Phi Mu. These Convention award winners are humble recipients who are successful because they give of themselves freely and not to receive awards. At the National Convention in 2018 Phi Mu announced an alliance with the National Women's History Museum. Through this partnership Phi Mu recently revealed the inaugural class of 38 Phi Mu History Makers and will continue to honor history making sisters in years to come.

Locally the Denver Alumnae Chapter takes great pride in our sisters' achievements. At Founders' Day we recognize sisters who have reached milestone anniversaries. With the recent installations of our first two collegiate chapters in Colorado, several mothers and grandmothers were initiated as alumnae. The Denver chapter gifted our newest alumnae sisters with a matted copy of *The Creed of Phi Mu*.

Phi Mu takes great pride in our sisters' personal and professional accomplishments and the contributions they make to our Fraternity, making our sisterhood a vibrant one.

Kappa Kappa Gamma

The Denver Alumnae Association of Kappa Kappa Gamma had the unique opportunity to celebrate our Fraternity and our members as we hosted Kappa's 72nd Biennial Convention in Denver last June 2018. Attended by over 800 undergraduate and alumnae members from all over North America, and with over 300 volunteer "slots" filled by our association members, we celebrated Kappa every minute of every day to the Convention theme "ELEVATE – Invite the Extraordinary". The 'Celebration of Excellence' dinner acknowledged the accomplishments of our undergraduate chapters and alumnae associations Fraternity-wide. The beautiful Memorial Service recognized those Kappa sisters who had passed during the 2016 – 2018 biennium.

Denver's Kappa membership currently represents alumnae from 82 chapters. Given the wide variety in our sisterhood we have many messages and women's accomplishments to share. Our monthly newsletter, THE BLUENOTE, celebrates and thanks those sisters who have made activities and events successful in *HOOTS AND SALUTES* – a title many remember from our chapter days. *FLEUR DE LIS* recognize those members who have passed, have lost a loved one or are struggling with an illness or other challenges. Similar messages are reflected in more spontaneous notices via *Member Planet* whenever those are needed. Kappas post photos and messages of thanks and congratulations on our Denver Kappa Facebook page regularly.

Our annual October Founders' Day celebrations honor those Kappas who have been initiated members for 50, 65 and 75 years. Our Loyalty Award is presented to a sister "who has given faithfully over the years to the Denver AA without due acknowledgement".

As Kappa is about to celebrate our Sesquicentennial Convention in 2020, we aspire to live by the tenet unveiled at our 2018 Convention, *Dream boldly, Live fully.*

Alpha Omicron Pi

Each year at our Founders' Day celebration, the Alpha Omicron Pi Denver Alumnae Chapter awards a scholarship to an outstanding AOII collegiate sister. The scholarship awards a Life Loyal Membership to an outstanding senior. This scholarship was created in our centennial year to honor our sister, Edith Cope Lockard. Edith was the definition of a life loyal sister, serving as Denver Alumnae chapter president from 1938 to 1940, earning a Rose Award in 1963, Denver Panhellenic Woman of the Year in 1972, and the Helen St. Clair Mullen award in 1989. She continued to serve and support AOII until she entered the Omega Chapter. The chapter also honors a current sister with the Sisterhood Award. This year, we honored Diane Herrmann for her loyalty and dedication while serving as President of Denver Area Panhellenic. Lastly, each year we honor our 50-year members at our annual Hat Tea. Sisters of all ages are encouraged to dress for afternoon tea, hat included. We gather at a member's home for tea and memory sharing with our 50-year members.



**AOII Sisters, you
INSPIRE ME
and
Women to be our Best!
Thank you!**

**Roses to Cher Serhal, AOII Nominee
Woman of the Year**

**Diane Herrmann
Denver Area Panhellenic,
President 2018-19**





THE WOMEN OF ALPHA PHI DENVER
ALUMNAE AND MILE HIGH GROUPS
WISH TO THANK:

**CURRENT PANHELLENIC DELEGATE-AT-LARGE
AND 2017-2018 PANHELLENIC PRESIDENT,
RENEE VERSPOOR;
DELEGATE, DEIRDRE NALVEN; AND
ALT. DELEGATE, NATALIE BOLDT
FOR THEIR SERVICE AND LOYALTY TO DENVER
AREA PANHELLENIC AND TO ALPHA PHI.**

THEIR COMMITMENTS TO DAP WILL SOON BE
CONCLUDED BUT THEIR FOND MEMORIES AND
FRIENDSHIPS WILL REMAIN WITH THEM.

WE ARE ALPHA PHI PROUD OF OUR SISTERS'
EFFORTS FOR THE BENEFIT OF DAP AND
ALPHA PHI.



Kappa Delta

The Denver Alumnae Chapter of Kappa Delta has a long tradition of service and collaboration with National Kappa Delta. For a period of time, the KD Headquarters was actually here in Denver! While we haven't had women from the Denver AC win these awards in recent years, each year, women from around the country nominate each other for Kappa Delta's most prestigious awards: the Order of the Emerald, the Order of the Pearl, and the Corre Anding Stegall Awards. These women are recognized either at National Convention (depending on the year) or at the National Collegiate Training Academy (NCTA). The Order of the Emerald, named after one of our jewels, is awarded to those women who have demonstrated an exceptional level of dedication to Kappa Delta in their service. The Order of the Pearl is similar, and named after our other jewel, but is

given to women who have dedicated and donated to their communities far beyond the call of duty. The women awarded the Order of the Emerald or the Order of the Pearl are alumnae, where the Corre Anding Stegall Award winners are exceptional collegians who demonstrate what it means to be a Kappa Delta in their communities, in their academics, and in their dedication to their chapters. Each of these awards comes with a badge to be worn in conjunction with the Kappa Delta badge, and if the sister is present at either national event, she is also presented a ribbon to put on her badge, resulting in many women congratulating her whenever someone sees the award winner.

Alpha Phi

Alpha Phi supports honors and elevates our treasured members and alumnae by means of several connections.

The *Alpha Phi Quarterly*, our international publication, connects our sisterhood by highlighting significant articles that provide information and services to the membership of our fraternity. It features important articles from our international executive board, details of leadership conferences, convention highlights, individual accomplishments in career fields, extensions to various campuses and collegiate chapters, treasured traditions, military service and scholarship recipients.

Alpha Phi connects and elevates our international presence and sisterhood by engaging in modern technology such as Facebook and Instagram. Our members can also use at least seven other technological sites established primarily for our members to communicate and post exciting events and information within our community.

Closer to home, we elevate and honor our members by capturing their extensive years of service and dedication through nomination of individual members for the Denver Area Panhellenic Awards which name the Woman of the Year and Alumnae Achievement. We also award both 50 and 65 year special badges to those senior members who have maintained their memberships.

Within our nearby metropolitan area and state of Colorado, we communicate with our collegiate chapters which include Denver University, University of Colorado Boulder, University of Northern Colorado and School of Mines. Our alumnae support and attend various ceremony and award functions at these various campuses.

Alpha Phi International is a thriving fraternity with a sisterhood mission encompassing elevation of all our diverse members and their many accomplishments by mean of connections throughout the world.



*Congratulations to
Kappa Alpha Theta
Nominees*

*Karen Olson
Alumnae Achievement*

*Mary Ellen Fitzsimonds
Women of the Year*





Alpha Sigma Alpha

Like all NPC sororities, Alpha Sigma Alpha works to celebrate and acknowledge the amazing lives of our women. There are many national awards given to collegiate and alumnae chapters each year with special recognitions awarded at National Convention biennially.

One such award, the Agape award, recognizes volunteers who show a love for Alpha Sigma Alpha and its members and seek to always advance the interests of our sorority while spreading our positive influence. The word agape means benevolent love for all, and recipients of this award demonstrate a focus on the greater good of Alpha Sigma Alpha by giving full measure toward the success of others while not looking for recognition or reward.

Alpha Sigma Alpha also recognizes the significant membership anniversaries of our members. The Denver Alumnae Chapter of Alpha Sigma Alpha acknowledges women at the 25, 50 and 75 year mark. In addition to the certificate they receive from the national organization, a few years ago, the Denver Alumnae Chapter began giving our fifty year members a pin to wear around their badge to signify their years of membership. It looks stunning around our badge and gives instant recognition to the lifelong commitment of these phenomenal women to our sisterhood.

Valentine's Day holds special meaning for Alpha Sigma Alpha members. Each year, the Alpha Sigma Alpha Foundation gives sisters the opportunity to acknowledge each other with virtual Valentines. For a small donation to the ASA Foundation, a member can send a Valentine greeting via email to a special sister. It is a fantastic way to celebrate each other and show appreciation for the bond of our sisterhood. This simple act not only helps sisters stay connected and feel valued, it serves as a fundraiser for the good work of our Foundation. It is truly a win-win for our women of poise and purpose!



Celebrating our Past DAP Presidents
and Award Winners

Fernie Baca Hayes

Barb Hofmockel

Kim Meyer

Ellen Morris

Sue Zorichak





We must find time to stop and
thank the people
who make a difference in our
lives."

John F. Kennedy

Thank you to the Executive Board
and all of the Council of DAP for
your love, support and dedication this
year. I am forever grateful.

Diane Herrmann
Denver Area PanHellenic,
President 2018-19